

Sandi M. Tenfelde, PhD, RN, APRN
Women's Health Nurse Practitioner
Loyola University Chicago
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Professional education

University of Illinois at Chicago, College of Nursing Doctoral program Dissertation: Predictors of Breastfeeding Exclusivity and Duration in Low-Income Women	2009
Loyola University of Chicago, Niehoff School of Nursing Master of Science in Nursing Women's Health Nurse Practitioner	1996
University of Michigan, School of Nursing Bachelor of Science in Nursing	1993

Postgraduate education

University of Michigan Sexual Health Certificate Program/Sexuality Counseling	2014-2015
Moksha Yoga Chicago Yoga teacher training: thesis <i>Yoga for the Pelvic Floor</i>	2011-2012

Professional Educational Experience

Loyola University Chicago, Niehoff School of Nursing <i>Associate Professor</i>	2016-present
<i>Assistant Professor</i>	2009- 2016
<i>Director of the Women's Health Nurse Practitioner program</i>	2010- present
University of Illinois at Chicago <i>Clinical Instructor</i> , College of Nursing	2005-2009
<ul style="list-style-type: none">Assisted Master's level Nurse Midwifery, Women's Health Nurse Practitioner, and Perinatal Clinical Nurse Specialist students with advanced physical assessment course and women's health care didactic and practicum.	
Northwestern Memorial Hospital <i>Certified Childbirth Educator</i>	1994- 1996
<ul style="list-style-type: none">Taught prenatal classes for expectant parentsDeveloped and implemented a specialized program for adolescent pregnant education.	

Professional Clinical Experience

Near North Health Services Corporation <i>Women's Health Nurse Practitioner</i>	2017- current, 1997-2002
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- Served the underserved population of urban Chicago as a clinician in a Federally Qualified Health Centers.
- Responsibilities included primary health care, family planning, STD prevention and treatment, and prenatal care.
- Distinguished contributions included establishing guidelines for NP protocols and conversing 100% in Spanish with Latina Spanish- speaking patients.

NorthShore University 2015- 2017
 William D. & Pamela Hutul Ross Sexual Health Clinic
 John & Carol Walter Center for Urological Health
Nurse Practitioner and Clinical Researcher

- Practiced independently as a clinician working with a focus on sexual health and pelvic floor disorders

University of Illinois at Chicago 2007-2008
 Pelvic Floor Clinic- Department of Colorectal Surgery
Nurse Practitioner and Clinical Researcher

- Practiced independently as a clinician working with individuals with pelvic floor disorders, including fecal incontinence and constipation.
- Diagnostic skills include anorectal manometry evaluation, anoscopy, anal ultrasound. Therapeutic skills include electric galvanic stimulation for the treatment of Levator Ani Syndrome.
- Distinguished contributions include the creation and management of a monthly Pelvic Floor Grand Rounds meeting and facilitating a formative work group for the development of a Multidisciplinary Pelvic Floor Clinic, combining the services of Urogynecology, Obstetrics and Gynecology, Urology and Colorectal Surgery.
- Served as the research coordinator for the Colorectal Surgical Team, evaluating study protocols, completing IRB forms, initiating research budgets, collecting and managing data, and preliminary data analysis.

Northwestern Memorial Hospital 1993- 1996
Labor and Delivery Nurse

- Responsibilities included patient care of high and low risk patients in labor and through the delivery process, neonatal resuscitation and recovery of the maternal/neonatal dyad.
- Continued working full time, third shift, while pursuing a graduate degree.

Licensure/ Certification

RN, State of Illinois (041-278125)	1993- present
APRN, State of Illinois (209-002676)	2000- present
WHNP, National Certification Corporation (TEN104286723)	1997- present
Certified Yoga Teacher- 200 hours, Yoga Alliance	2012- present

Fellowships Submitted and Awarded

Gannon Center for Women and Leadership
 Project title: Yoga for Women to Self-Manage Urinary Incontinence
 Role: Principal Investigator
 Awarded Spring 2015

Predoctoral Fellowship
 Chicago Center of Excellence in Health Promotion Economics
 University of Chicago
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Awarded 2005

Fellowships Submitted, unfunded

Robert Wood Johnson Nurse Faculty Scholar-
Project title: Yoga for African American Women to Self-Manage Urinary Incontinence
Role: Training Grant Principal Investigator
Mentors: Drs. Linda Janusek and Linda Brubaker
Semi-finalist, June 2014

National Institute of Nursing Research K-23
Project title: Yoga for Women to Self-Manage Urinary Incontinence
Role: Training Grant Principal Investigator
Mentors: Dr. Linda Janusek, Dr. Linda Brubaker, Dr. Janis Miller
Submitted: February, 2013, score 45 (reviewed), non-funded
Re-submitted: March 2015, score 34 (reviewed), non-funded

Current Research

Loyola University Chicago 2021-current
Project title: Sexual Desire Discrepancy in the Postpartum Period
Role: Co Principal Investigator (Co-PI Dr. Mary Lynn, DO)
Funding: none

Alliance Chicago 2019-2022
Project title: Chicago Collaborative for Maternal Health, Management of high-risk pregnancies in the first year post birth (a quality improvement project)
Role: Collaborator for Near North Health, clinician researcher
Funding: Merck for Mothers (Safer Cities for Childbirth Initiative)

Association of Women's Health, Obstetric, and Neonatal Nursing 2019-2021
Project title: Reducing Disparities in Postpartum Care Utilization: Development of a Clinical Risk Assessment Tool
Role: Co-Principal Investigator (Co-PI Dr. Lindsey Garfield)
Funding March of Dimes Margaret Comerford Freda "Saving Babies, Together®" (\$10,000)

Prior Research

Loyola University Chicago, Health EQ Interprofessional Education Innovation 2019
Project title: Trauma Informed Care
Role: Principal Investigator
Funding Health EQ Collaborative, the Health EQ IPE Working Group (\$500)

Sigma Theta Tau- Alpha Beta Chapter 2014- 2017
Project title: African American Women and Complementary and Alternative Therapies: A Focus Group Approach
Role: Principal Investigator
Funding Sigma Theta Tau (\$1100)

Midwest Nursing Research Society 2014-2017
Project title: Yoga for Women to Self-Manage Urinary Incontinence

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Role: Principal Investigator
Funding New Investigator Seed Grant (\$10,000)

Association of Women's Health, Obstetric, and Neonatal Nursing 2014- 2017
Project title: Postpartum Musculoskeletal Pain and Sexual Function
Role: Principal Investigator (Co-PI Dr. Colleen Fitzgerald)
Funding AWHONN Hill-Rom, Celeste Phillips Family-Centered Maternity Care Award (\$10,000)

Loyola University Chicago 2013
Associations among psychological stress, proinflammatory cytokines, sympatho-vagal balance
and UI symptoms in women with urge UI
Role: Principal Investigator
Funding Palmer Research Grant (\$5,000)

Loyola University Chicago 2014
Triathlete Risk of Pelvic Floor Dysfunction, Pelvic Girdle Pain, and the Female Athlete Triad
Principal Investigator: Johnny Yi, MD
Role: Co-Investigator

Loyola University Chicago 2012-2013
Female Runners and Pelvic Floor Dysfunction
Principal Investigator: Melinda Abernethy, MD, MS
Role: Co-Investigator

Loyola University Chicago 2011-2012
Mothers' Initiation of Lactation Counseling (MILC Study)
Principal Investigator: Lyndsey Day, MD
Role: Consultant

Loyola University Chicago 2010- 2012
Quality of Life in Women Who Use Pessaries
Role: Principal Investigator
Funding Palmer Research Grant (\$5,000)

Loyola University Chicago 2011-2012
Perception of Insufficient Milk in a WIC Sample
Role: Principal Investigator
Funding Sigma Theta Tau (\$1,250)

Loyola University of Chicago 2010-2011
Operations and Pelvic Muscle Training in the Management of Apical Support Loss: The
OPTIMAL Trial: A Randomized trial of Sacrospinous Ligament Fixation (SSLF) versus
Uterosacral Ligament Suspension (ULS) with and without Perioperative Behavioral
Therapy/Pelvic Muscle Training
Principal Investigator: Linda Brubaker, MD, MS
Funding Pelvic Floor Disorders Network Protocol 16P01
Role: Behavioral Therapy and Pelvic Floor Muscle Interventionist

- Perform preoperative and postoperative training and evaluation of subject's progress
towards developing skill in pelvic floor muscle exercises
- Identify barriers to exercise and behavioral strategy adherence

University of Illinois at Chicago 2002-2009
Predictors of Breastfeeding Exclusivity and Duration in a WIC sample

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Funding: Chicago Center of Excellence in Health Promotion Economics, Predoctoral Fellowship
Doctoral Dissertation

- Secondary data analysis of existing longitudinal survey and administrative data from a Chicago-area WIC clinic
- Survival analysis and logistic regression
- Proficient with SPSS and STATA statistical software

University of Illinois Medical Center at Chicago 2007-2008
Treatment of Fistula in Ano Using A Porcine Intestine Submucosa Graft (Surgisis® AFP)
Principal Investigator Jose Cintron, MD
Funding Cook Biotech Incorporated
Role: Research Coordinator

- Ensure compliance with institutional review board regulations and project protocol Regulatory document preparation, maintenance and submission.
- Assisted in data collection and management and preliminary analysis

University of Illinois Medical Center at Chicago 9/08 to 12/08
Phase II Multiple Dose Study for the Safety and Efficacy of Ipamorelin for the Management of Post Operative Ileus in Subjects Undergoing Partial Bowel Resection Surgery.
Principal Investigator Marc Singer, MD
Funding Sapphire Therapeutics
Role: Research Coordinator

- Ensure compliance with institutional review board regulations and project protocol regulatory document preparation, maintenance and submission.
- Eligibility screening and physical assessments for research subjects
- Assisted in data collection and management

University of Illinois Medical Center at Chicago 1/08 to 12/08
Efficacy of Bioabsorbable Staple Line Reinforcement in Colorectal Coloanal Anastomoses: A Prospective Randomized Study
Principal Investigator Marc Singer, MD
Funding Gore
Role: Research Coordinator

- Ensure compliance with institutional review board regulations and project protocol regulatory document preparation, maintenance and submission.
- Eligibility screening and physical assessments for research subjects
- Assisted in data collection and management

University of Illinois Medical Center at Chicago 6/08 to 12/08
SKY0402 (Sustained-Release Encapsulated Bupivacaine; Bupivacaine Extended-Release Liposome Injection; Bupivacaine Suspension for Injection)
Principal Investigator Marc Singer, MD
Funding Sapphire Therapeutics
Role: Co-Investigator

- Ensure compliance with institutional review board regulations and project protocol regulatory document preparation, maintenance and submission.
- Eligibility screening and physical assessments for research subjects
- Assisted in data collection and management

University of Illinois Medical Center at Chicago 6/08 to 12/08

A Prospective, Multi-center, Randomized, Controlled, ThirdParty-Blinded Study of Strattice™ Fascial Inlay to Prevent Parastomal Hernia Formation in Patients Undergoing Surgery for Permanent Abdominal Wall Ostomies (PriSm)
Principal Investigator Marc Singer, MD
Funding Pacira

Role: Research Coordinator

- Ensure compliance with institutional review board regulations and project protocol regulatory document preparation, maintenance and submission.
- Eligibility screening and physical assessments for research subjects
- Assisted in data collection and management

University of Illinois at Chicago 2002- 2005
Well Woman Program

Principle Investigator Lucy Marion, PhD, RN, FAAN

Funding: National Institute for Nursing Research, N R01 04836

Role: Senior Research Specialist

- Collaborated on a research project to decrease the incidence of sexually transmitted infections in African American women on Chicago's West side.
- Provided clinical services as the research clinician and aggressively managed abnormal results.
- Recruited in multiple settings, and worked with data entry and analysis.

University of Michigan, Ann Arbor 1991-1993

Comparative study of Certified Nurse Midwives v. Obstetricians

Principal Investigator Deborah Oakley, PhD

Funding: National Institute for Health, R01 NR 001887

Role: Research Assistant

- Duties included data collection, edge coding, and data entry.

Publications

Gemkow, J., Padilla, R., Yang, T., King, P.L., Pereya, S., Cox-Baston, S., **Tenfelde, S.**, & Masinter, L. (submitted 2021). Assessing the likelihood of transition to primary preventive care from postpartum care in the safety net setting: What determinants matter?

Garfield, L, Tell, D., Gemkow, J., Masinter, L, **Tenfelde, S.** (in press, 2021). For Low-Income Women Receiving Prenatal Care, Race Matters. *MIDRIS Midwifery Digest*.

Tenfelde, S., Fantasia, H., Harris, A. (2021). Navigating Challenges for Preceptors: Results from the 2018 WHNP Workforce Survey. *Women's Healthcare: A Clinical Journal for NPs*, 9(3): 23-31.

Tenfelde, S. & Garfield, L. (2020). Role of nurse practitioners in providing care for adolescent females. *Women's Healthcare: A Clinical Journal for NPs*, 8 (5): 19-25.

Kamp, K & **Tenfelde, S.** (2020). A Quality Improvement Initiative to Increase Identification of Oral Disease and Dental Care in Pregnancy. *Women's Healthcare: A Clinical Journal for NPs*, 8(3): 47-48.

- Tenfelde, S.**, Tell, D., Garfield, L., Mathews, H., & Janusek, L. (2021). Yoga for Women With Urgency Urinary Incontinence: A Pilot Study. *Female pelvic Medicine & Reconstructive Surgery*, 27(1), 57–62. <https://doi.org/10.1097/SPV.0000000000000723>.
- Tenfelde, S.**, Tell, D., Brincat, C., & Fitzgerald, C. M. (2019). Musculoskeletal Pelvic Pain and Sexual Function in the First Year After Childbirth. *Journal of Obstetric, Gynecologic, and Neonatal Nursing : JOGNN*, 48(1), 59–68. <https://doi.org/10.1016/j.jogn.2018.10.004>
- Tenfelde, S.**, Hatchett, L., & Saban, K. L. (2018). "Maybe black girls do yoga": A focus group study with predominantly low-income African-American women. *Complementary Therapies in Medicine*, 40, 230–235. <https://doi.org/10.1016/j.ctim.2017.11.017>
- Albaugh, JA, Sufrin, N., Lapin, B.R., Petkewicz, J., **Tenfelde, S.** (2017). Life after prostate cancer treatment: A mixed methods study of the experiences of men with sexual dysfunction and their partners. *BMC Urology*, 17(1), 1-9. doi: 10.1186/s12894-017-0231-5.
- Albaugh JA, **Tenfelde S**, Hayden DM. (2017). Sexual Dysfunction and Intimacy for Ostomates. *Clinics in Colon and Rectal Surgery*,;30(3):201-206. doi: 10.1055/s-0037-1598161
- Yi J, **Tenfelde S**, Tell D, Brincat C, Fitzgerald C. (2016). Triathlete Risk of Pelvic Floor Disorders, Pelvic Girdle Pain, and Female Athlete Triad. *Female Pelvic Medicine and Reconstructive Surgery*, 22(5):373-6. doi: 10.1097/SPV.0000000000000296.
- Hochner, H., **Tenfelde, S.** Abu Ahmad, W., Liebergall-Wischnitzer, M. (2015). Gum chewing and gastrointestinal function following cesarean delivery: A systematic review and meta-analysis. *Journal of Clinical Nursing*. Apr 7. doi: 10.1111/jocn.12836. [Epub ahead of print]
- Buchholz, S. W., Yingling, C., Jones, K., **Tenfelde, S.** (2015). DNP and PhD Collaboration: Bringing Together Practice and Research Expertise as Predegree and Postdegree Scholars. *Nurse Educator*, 40(4). doi: 10.1097/NNE.0000000000000141.
- Tenfelde, S.**, Tell, D., Thomas, T.N., Kenton, K. (2015). Quality of Life for Women who Use Pessaries. *Female Pelvic Medicine and Reconstructive Surgery*, 21(3), 146-149, doi: 10.1097/SPV.0000000000000154
- Tenfelde, S.**, & Janusek, L. W. (2014). Yoga: A biobehavioral approach to reduce symptom distress in women with urge urinary incontinence. *Journal of Alternative and Complementary Medicine (New York, N. Y.)*, doi:10.1089/acm.2013.0308 [doi]. PMID: 25137182.
- Tenfelde, S.**, Logan, R., & Abernethy, M. (2014). Yoga for the Pelvic Floor. *Beginnings*, 2, 24-26. PMID: 24683704
- Tenfelde, S.**, Zelneski, R., Heidarisaifa, R. (2013). Why WIC Women Stop Breastfeeding? Analysis of Maternal Characteristics and Time to Cessation. *Journal of Infant and Adolescent Health and Nutrition*, 5(4), 207-214.
- Tenfelde, S.**, Finnegan, L., Michaels-Miller, A., & Hill, P. (2012). Predictors of Breastfeeding Duration in a WIC Sample. *Nursing Research*, 61(2), 86-95. doi: 10.1097/NNR.0b013e3182456b0a.

Tenfelde, S., Finnegan, L. & Hill, P.D. (2011). Predictors of Breastfeeding Exclusivity in a WIC Sample. *Journal of Obstetrics, Gynecologic and Neonatal Nursing*, 40(2), 179-189. doi: 10.1111/j.1552-6909.2011.01224.x. Epub 2011 Feb 11.

Hatchett, L, Herbert-Beirne, J., **Tenfelde, S.** Lavender, M.D., Brubaker, L. (2011). Knowledge and Perceptions of Pelvic Floor Disorders Among African American and Latina Women. *Female Pelvic Medicine and Reconstructive Surgery*: 17(4), 190-194. doi: 10.1097/SPV.0b013e318229dd5c.

Presentations

Tenfelde, S. (2021, October). Predictors of Postpartum Care Attendance for Birthing Persons Receiving Care at Federally Qualified Health Centers. Oral presentation at Nurse Practitioners in Women's Health conference, online.

Tenfelde, S. & Kendig, S. (2021, October). What is New with the Women's Preventative Services Initiative (WPSI). Oral presentation at the Nurse Practitioners in Women's Health conference, online.

Tenfelde, S. (2020, October). *Advocating for Maternal Health*. Oral invited presentation at Loyola's Center for Urban Learning and Research (CURL) seminar, online.

Tenfelde, S. (2020, October). *Update on the Women's Preventative Services Initiative (WPSI)*. Oral presentation at the Nurse Practitioners in Women's Health conference, online.

Tenfelde, S. & Perkins, J. (2020, October). *Hitting Below the Belt: The Quagmire of Pelvic Pain Assessment and Treatment*. Oral presentation at the Nurse Practitioners in Women's Health conference, online.

Tenfelde, S. & Perkins, J. (2020, October). *When their bladder controls their life: Understanding Voiding Dysfunction for Office GYN Care*. Oral presentation at the Nurse Practitioners in Women's Health conference, online.

Tenfelde, S. (2020, September). *Leveling Up; Incorporating Sex and Gender Education for Advanced Practice Nursing*. Oral presentation at Sex and Gender and Health conference, online.

Tenfelde, S. & Cianfrocco, C. (2019, October). *Trauma Informed Gynecological Care*. Oral presentation at the Nurse Practitioners in Women's Health conference, Savannah, GA.

Tenfelde, S. (2018, November). *Contraception initiation and management for the general practitioner*. Invited oral presentation, Northwestern Memorial Hospital Advanced Practice Nursing Conference, Chicago, IL.

Tenfelde, S. (2018, October). *Yoga for pregnancy and postpartum*. Oral presentation at the Nurse Practitioners in Women's Health conference in San Antonio, Texas.

Tenfelde, S. (2018, October). *Adolescent sexual health*. Invited oral presentation, ASSECT Chicago quarterly meeting, Chicago, IL.

Tenfelde, S., Lynn, M, & Luke, M. (2017, October). *Sexual Health for Women Affected by Cancer*. Invited oral presentation, ASSECT Chicago quarterly meeting, Chicago, IL.

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Tenfelde, S. (2017, October). *Integrative Therapies For Men Following Prostate Cancer Treatment*. Oral presentation at the national conference of the Society of Urologic Nurses Association in Chicago, IL.

Tenfelde, S. (2017, October). Sexual Health and Function for Women with Pelvic Floor Disorders. Oral presentation at the national conference of the Society of Urologic Nurses Association in Chicago, IL.

Tenfelde, S. (2017, October). *The Association between Musculoskeletal Postpartum Pain and Sexual Function*. Poster presentation at Nurse Practitioners in Women's Health conference in Seattle, WA.

Tenfelde, S. (2017, June). *Genitourinary Syndrome of Menopause and Sexual Function*. Oral presentation at the national conference of Association of Women's Health, Obstetric, and Neonatal Nursing conference in New Orleans, LA.

Tenfelde, S. (2017, April). *The Association between Musculoskeletal Postpartum Pain and Sexual Function*. Oral presentation at Midwest Nursing Research Society, Minneapolis, MN.

Tenfelde, S. (2017, April). *A Gentle Yoga Program for Women with Urgency Urinary Incontinence*. Oral presentation at Midwest Nursing Research Society, Minneapolis, MN.

Tenfelde, S. (2017, March). *The Association between Musculoskeletal Postpartum Pain and Sexual Function*. Poster presentation at Palmer Research Symposium, Loyola University Chicago, Marcella Niehoff School of Nursing, Maywood, IL.

Tenfelde, S. (2017, March). *A Gentle Yoga Program for Women with Urgency Urinary Incontinence*. Poster presentation at Palmer Research Symposium, Loyola University Chicago, Marcella Niehoff School of Nursing, Maywood, IL.

Tenfelde, S. (2016, October). *Genitourinary Syndrome of Menopause and Sexual Function*. Oral presentation at the national conference of the Society of Urologic Nurses Association in Washington, DC.

Albaugh, J. & **Tenfelde, S.** (2016, June). *Female Sexual Dysfunction*. Oral presentation at NorthShore University Obstetrics and Gynecology grand rounds in Evanston, IL.

Tenfelde, S. (2016, June). *Association Between Postpartum Musculoskeletal Pelvic Pain and Sexual Function*. Oral presentation at the national conference of Association of Women's Health, Obstetric, and Neonatal Nursing conference in Grapevine, TX.

Albaugh, J. & **Tenfelde, S.** (2015, Oct.). *What Men Really Do with Penile Rehab: Adherence and Outcomes*. Oral presentation at the national conference of the Society of Urologic Nurses Association in Las Vegas, NV.

Tenfelde, S. & Stoner, H. (2015, June). *Female Sexual Dysfunction: From Taboo Topic to Informed, Supportive and Evidence Based Care*. Oral presentation at the national conference of Association of Women's Health, Obstetric, and Neonatal Nursing conference in Long Beach, CA.

Tenfelde, S. (2014, Nov). *Yoga: How an ancient practice can improve patient care.* Oral presentation at the Loyola University Chicago Health System Nursing Grand Rounds in Maywood, IL.

Tenfelde, S. Yi, J, & Fitzgerald, C, (2014, Oct). *Triathlete Risk of Pelvic Floor Dysfunction, Pelvic Girdle Pain, and the Female Athlete Triad.* Oral presentation at the annual conference of the Nurse Practitioners in Women's Health in Savannah, GA.

Tenfelde, S. & Tohtz, K. (2013, April 27-28). *Birth, Post-Natal Care, and Pelvic Floor Rehabilitation.* Oral invited presentation at National Lewis University Continuing Education Symposium, Lombard, IL.

Bucholtz, S., **Tenfelde, S.**, Yingling, C. Jones, K. (2013, March). *PhD and DNP Nursing Education: Which is Right for Me?* Oral invited presentation at Midwest Nursing Research Society, Chicago, IL.

Tenfelde, S., Tell, D., Thomas, T. & Kenton, K. (2013, March). *Quality of life in women who use pessaries.* Poster presentation at Midwest Nursing Research Society, Chicago, IL.

Tenfelde, S., Ramm, O., Kenton, K., Abernethy, M., Mueller, E. (2013, March). *3-D Ultrasonography of the Female Urethral Sphincter.* Poster presentation at Midwest Nursing Research Society, Chicago, IL.

Tenfelde, S. (2012, June). *Why WIC Women Stop Breastfeeding,* Oral presentation at the national conference of Association of Women's Health, Obstetric, and Neonatal Nursing conference in National Harbor Maryland.

Tenfelde, S. (2012, April). *Curious? How Creating a Culture of Inquiry Drives Evidence Based Practice.* Oral invited keynote presentation at Western Michigan University, Bronson School of Nursing Research Day, in Kalamazoo, MI.

Tenfelde, S. (2011, November). *Breastfeeding Behavior, Implications for Practice and Research.* Oral invited presentation at Obstetrics and Gynecology Grand Rounds, Loyola University Chicago, Stritch School of Medicine.

Tenfelde, S. & Tohtz, K. (2011, April 30 and May 1). *Birth, Post-Natal Care, and Pelvic Floor Rehabilitation.* Oral invited presentation at National Lewis University Continuing Education Symposium, Lombard, IL.

Tenfelde, S. (2010, September). *Public Health in Action: Health Fairs.* Oral invited presentation at the Center for Service and Global Health, the Departments of Preventive Medicine and Family Medicine and the Neiswanger Institute for Bioethics and Health Policy Health Disparities Seminar, Loyola University, Stritch School of Medicine.

Tenfelde, S. (2010, April). *Predictors of breastfeeding duration in a WIC sample.* Oral presentation at Midwest Research Nursing Society, Kansas City, KS.

Tenfelde, S. (2010, March). *Predictors of breastfeeding exclusivity and duration in a WIC sample.* Oral presentation at Palmer Symposium, Loyola University, Niehoff School of Nursing; (October, 2009) Oral presentation at St. Albert's Research Day, Loyola University School of Medicine.

Tenfelde, S. (2009, March). *Predictors of breastfeeding exclusivity in a WIC sample*. Oral presentation at Midwest Research Nursing Society, Minneapolis, MN.

Tenfelde, S. & Singer, M. (2008, March). *Establishment of an Advanced Practice Role in Colorectal Surgery*. Oral presentation at Illinois Nurses Association, Collaborative Practice Meeting, University of Illinois Medical Center at Chicago.

Tenfelde, S. (2008, March). *Predictors of breastfeeding exclusivity and duration in a WIC sample*. Non data based poster presented at Midwest Research Nursing Society, Indianapolis, Indiana; (2007, November). Non data based poster presented at American Public Health Association Annual Conference, Washington DC; (2007, April). Non data based poster presented at Research Day, University of Illinois at Chicago, College of Nursing.

Tenfelde, S. (2006, April). *Breastfeeding Behavior of low- income women of Mexican descent*. Poster presented at Research Day 2006, University of Illinois at Chicago, College of Nursing.

Tenfelde, S. (2006, April). *Breastfeeding Behavior of low- income women of Mexican descent*. Non data based poster presented at Interdisciplinary Immigration Initiative Conference, University of Illinois at Chicago.

Tenfelde, S. (2006, March). *Adolescent Contraception*. Oral invited presentation at the Chicago Chapter of the National Association of Pediatric Nurse Associate and Practitioners, Chicago, IL.

Tenfelde, S. (2004, October). *Breastfeeding Behavior of Latino Women*. Non data based poster presented at Working with Latinos/Hispanics in the U.S.A., The University of Puerto Rico, Mayagüez Campus.

Marion, L. Finnegan, L., & **Tenfelde, S.** (2003, April). *Well Woman Program: STI reduction for at-risk African American women*. Oral presentation at University of Illinois at Chicago, College of Nursing.

Special Honors and Awards

Appointed to Board of Directors, Nurse Practitioners in Women's Health (2019-2022)
Elected Secretary, Nurse Practitioners in Women's Health (2020-2022)
Mentorship Award from Loyola University Chicago Marcella Neihoff School of Nursing, to work with Dr. Arden Handler, from University of Illinois at Chicago (2020-2021)
Nominated for St. Ignatius Loyola Award (2015)
New Investigator of the Year, Childbearing Section, Midwest Nursing Research Society (2012)
Mentorship award from Loyola University Chicago, Marcella Neihoff School of Nursing to work with Dr. Janis Miller, from the University of Michigan (2011-2012)
Mentorship Award from Midwest Nursing Research Society to work with Dr. Janis Miller, from the University of Michigan (2011)
Branstrom Freshman Award, University of Michigan, Ann Arbor (1990)

Organizations

Nurse Practitioner in Women's Health (NPWH)	2010- present
Education Committee member	2018-present
Co-Chair of the Academic Program Leaders	2019-present
Annual conference planning committee member	2020
Research Committee member	2018-present
Women's Preventative Services Initiative, Dissemination Committee	2019-present

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American College of Obstetricians and Gynecologists, Gynecology Review Committee	2019-present
Midwestern Nursing Research Society (MNRS)	2006- present
Illinois Society for Advanced Nursing Practice (ISAPN)	2009- present
Association of Women's Health, Obstetric, & Neonatal Nursing (AWHONN)	2005- present
Sigma Theta Tau	
Rho Chapter 1992-1993	Alpha Lambda Chapter 2010- 2017

Professional License

IL RN 041.278125

IL APRN 209.002676

IL-Controlled Substance 309.007881