

## RUFUS R. GONZALES, PhD

### *Academic Office*

Loyola University Chicago, LT 1033  
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### *Private Practice Office*

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## EDUCATION

### **Licensed Clinical Psychologist**

State of Illinois, License #071007450

*March 2008-present*

### **Loyola University Chicago** (APA accredited), Chicago, IL

*August 2001-August 2006*

Ph.D. in Counseling Psychology

- Concentration in Multicultural Counseling and Consultation
- Dissertation: *Latino Resilience: Explorations of Immigrant Experiences*. Chairperson: Elizabeth M. Vera, Ph.D.
- Illinois Consortium for Educational Opportunity Fellow

### **University of Maryland at College Park**, College Park, MD

*August 1995-May 1997*

M.Ed. in Counseling and Personnel Services, College Student Personnel

- Seminar Paper: *Impact of Self-esteem on Biracial Identity*

### **University of Illinois at Urbana-Champaign**, Champaign, IL

*August 1990-May 1995*

B.F.A. in Graphic Design

- President's Award Program Scholarship

## CLINICAL AND PROFESSIONAL EXPERIENCE

### **Coordinator of Clinical Training, Assistant Clinical Professor**

*January 2014 - present*

Counseling and Counseling Psychology, Loyola University Chicago

- Coordinate the clinical training program for five masters programs and one doctoral program
- Manage student training forms and verify student readiness for practicum and internship training
- Maintains and updates a Practicum Policies and Procedures Manual and Pre-doctoral Internship Manual.
- Maintain and cultivate relationships with Chicago area training sites to ensure that student placements meet licensing requirements and individual training goals
- Attends meetings for the Association of Chicagoland Externship and Practicum Training (ACEPT) and the Chicago Public Schools-Counselor Educator (CPS-CE) collective and attends the annual Coalition of Illinois Counselor Organizations (CICO) Counselor Educator Summit
- Plan and execute training related seminars to help facilitate student professional development
- Coordinate a first-year doctoral student community service clerkship
- Administrate doctoral student pre-doctoral internship application procedures
- Handles student impairment issues and other difficulties that students may experience in their clinical training
- Provide individual and group supervision to clinical trainees
- Provide individual and group supervision of supervision to clinical trainees
- Interacts with Loyola University Chicago's Office of General Counsel and Risk Management regarding insurance and liability issues.
- Participate in other departmental activities such as comprehensive exams, dissertation committee, admission decisions, among other duties.

**Private Practice Therapist***September 2017-present*

Rufus R. Gonzales Psychotherapy LLC, Chicago, IL

- Manage a part-time private practice providing individual therapy for adults.
- Areas of concentration include emerging adult issues, anxiety, depression, LGBTQ identity, parenting, adoption/attachment issues as an adult, body image, career decision making, managing the experiences of racism, sexism and homophobia
- Provide clinical supervision to graduate students and professional who are not yet licensed.

**Volunteer Therapist***August 2017-present*

Heartland Alliance, Marjorie Kovler Center, Chicago, IL

- Provide weekly psychotherapy to a refugee and survivor of political torture

**Assistant Director for Clinical Training, Staff Psychologist***September 2006-January 2014*

University Counseling Service, DePaul University, Chicago, IL

- Coordinated the clinical externship program for advanced doctoral students in psychology, including selection, training and evaluation
- Conducted telephone triage assessments, intake assessments and urgent evaluations to determine clinical needs of clients presenting for services
- Conducted individual, short-term psychotherapy with undergraduate, graduate and professional school students presenting with a wide variety of clinical concerns including but not limited to anxiety, depression, trauma history, PTSD, eating disorder and body image issues, identity exploration and transitional issues
- Developed and conducted a variety of campus-wide psychoeducational workshops, and acted as a liaison to the LGBTQ student services office, office of Multicultural Student Success, and the office of Adult, Veteran and Commuter Student Affairs
- Provided individual and group supervision to doctoral level trainees
- Provide emergency response and coverage duties as needed

Group Coordinator

*September 2007-May 2009*

- Worked with clinicians to organize, develop and promote a robust group counselling program

**Consulting Psychologist***September 2008-May 2009*

Helen C. Peirce Elementary School, Chicago, IL

- Provide pro bono consultation to school staff and psychotherapy for 7th and 8th grade students
- Managed a caseload of approximately 8-10 students for weekly psychotherapy

**APA Accredited Pre-doctoral Internship in Psychology***August 2004-August 2005*

Counseling and Psychological Services, University of California - Davis

- Conducted individual and group, short-term psychotherapy and career counseling with undergraduate, graduate and professional school students
- Conducted urgent care and intake assessments
- Clinically supervised two advanced practicum students
- Conducted consultation and outreach programs on a variety of topics including but not limited to visualization techniques, sexuality and spirituality, coping with stress, managing distress in students, grief and loss
- Emphasis in the Multicultural Immersion Program and LGBTQ populations

**Doctoral Education Counseling Practicum***August 2003-June 2004*

Department of Psychiatry, Fantus Outpatient Clinic, Cook County Hospital

- Conducted individual, longer-term psychodynamic therapy with low-income and uninsured patients
- Co-facilitated group therapy for women over 50 who are experiencing chronic depression
- Conducted intake assessments of outpatients, with an emphasis on psychiatric diagnosis and medical history
- Participated in weekly individual, group and peer supervision meetings and didactic seminars

**Doctoral Education Clinical Supervision Externship***August 2003-May 2004*

Department of Leadership Foundations and Counseling Psychology, Loyola University Chicago

- Provided individual weekly supervision to master's level counseling students
- Reviewed audio taped counseling session of trainees, providing written and verbal feedback
- Conducted case presentation of supervision sessions
- Participated in semi-weekly seminar on topics related to the theory and practice of psychotherapy supervision

**Doctoral Education Counseling Practicum***August 2002-May 2003*

School of the Art Institute of Chicago, Counseling Services

- Conducted initial intake assessment of graduate and undergraduate art students, making clinical decisions about providing therapy at the counseling center or referral to outside agencies
- Conducted individual, short-term psychodynamic therapy, up to 16 sessions in length
- Assisted with educational outreach activities
- Assisted with descriptive research data entry and project design for tracking clinical services
- Participated in weekly individual and group supervision meetings
- Participated in weekly didactic seminars, discussing clients, psychodynamic theory and counseling issues

**Masters Education Counseling Practicum***August-December 1996*

University of Maryland at College Park, Counseling Center

- Conducted individual counseling sessions with college students at the university counseling center
- Attended weekly individual supervision meetings
- Attended weekly group seminars, discussing clients and counseling issues

**Masters Education Career Development Apprenticeship***January-May 1996*

Maryland Institute College of Art

- Conducted individual counseling, career assessment and consultation sessions with a population of art students and alumni at varying levels in their career
- Participated in Career Center staff development sessions focusing on instruction and use of career assessment instruments and discussion of case study evaluation
- Assisted in the planning and implementation of career interest and exploration programs
- Attended weekly supervision meetings and semi-weekly Student Affairs administrative meetings

**STUDENT AFFAIRS WORK EXPERIENCE****Director of Student Activities***August 1998-May 2001*

Roosevelt University, Chicago Campus

- Managed the programmatic functions of Student Organizations and Leadership Development, Campus Programming, Volunteer Programs, the Marvin Moss Student Center athletic facility, New Student Programs and the CTA U-Pass
- Managed the Office of Student Activities staff, including a Secretary, Receptionist, Program Coordinator, three Program Assistants, and 21 student workers
- Administered university budgets for the Office of Student Activities, the Torch newspaper, the Oyez Review Literary Magazine, Student Government Association, and a student organization programming fund
- Acted in a general advocacy role for students and their families at a university with 7,000 students

**Assistant Director of Student Activities***July 1997-August 1998*

Loyola University Chicago

- Advised the Campus Life Union Board, Water Tower Student Association, the Panhellenic Council, the Gay, Lesbian and Bisexual Alliance and served as an advocate and resource to over 100 student organizations
- Supervised two programming and one Greek Life graduate interns and two undergraduate interns
- Assisted with the development and presentation of leadership and programming workshops for undergraduate students
- Served as a budget administrator for over \$800,000 in departmental and student organization funds

**SEE Productions Program Advisor***August 1995-May 1997*

University of Maryland at College Park

- Assisted in the overall large-scale program planning for a student organization with over 100 members and a budget of \$270,000
- Advised the operation of a fund allocating committee aimed at diversity programming, comprised of 14 student organization representatives with a budget of \$42,000
- Advised the Hispanic Heritage Coalition (comprised of representatives from six Latino student organizations) in developing and executing educational and entertainment programs for Hispanic Heritage Month

**Testing and Assessment Office Apprenticeship***August-December 1996*

University of Maryland at College Park

- Coordinated a career assessment testing program for students enrolled in a series of career development courses
- Acted as a test administrator and proctor with the National Testing Program
- Developed a divisional web page and testing/assessment resource guide to the world wide web

**Office of GLBT Concerns Internship***January-May 1995*

University of Illinois at Urbana-Champaign

- Coordinated events for National Coming Out Day celebrations including a campus rally, a speakers series and entertainment programs
- Wrote, designed and distributed a monthly newsletter with information about the office and campus happenings
- Assisted in the coordination of a faculty-student mentoring program
- Designed publicity materials (posters, flyers, handouts) publicizing the office

## TEACHING

Loyola University Chicago**Instructor of Record**, CPSY 420: Counseling Skills*Fall 2015, 2016, 2017*

- Instructor for two sections of this course each fall.
- Course content focuses on the application of counseling microskills and is used as a gatekeeping mechanism for practicum and internship readiness.

**Instructor of Record**, CPSY 454: Human Development*Summer 2015, 2016, 2017*

- Instructor for one two sections of this course each summer.
- Course content focuses on the acquisition and application of human development across the lifespan, in an on-line format.

**Instructor of Record**, CPSY 442: Counseling Practicum III*Spring 2014*

- Instructor and Supervisor for Doctoral level counseling practicum students.
- Provide group supervision, listen to audiotapes and provide feedback, consult with on-site supervisors, and grade weekly self-observation papers.

**Instructor of Record**, CPSY 440/441: Counseling Practicum I and II*Fall and Spring 2007-2013*

- Instructor and Supervisor for Master's level counseling practicum students.
- Provide group supervision, listen to audiotapes and provide feedback, consult with on-site supervisors, and grade weekly self-observation papers.

Roosevelt University Chicago**Instructor of Record**, PSYC 623.98: Theories of Counseling and Psychotherapy *Summer 2015*

- Instructed an Master's level counseling and psychotherapy theories course, in an on-line format.

University of California - Davis

**Instructor**, EDU 160A: Introduction to Peer Counseling

Spring 2006

- Co-instructed an undergraduate counseling skills course for Peer Academic Counselors hired to facilitate a summer orientation program for students in the Educational Opportunity Program

**Co-facilitator**, SOC 30A: Intercultural Relations in Multicultural Societies

Fall 2006

SOC 30B: Intercultural Relations in Multicultural Societies

Winter 2006

- Co-facilitated the discussion sections of a sequenced set of courses examining communication in a multi-cultural society, with an emphasis on creating cross-cultural dialogues and social change on campus

University of Maryland at College Park

**Instructor of Record**, EDCP 108N: Academic and Career Advancement

Fall 1996

- Instructed an undergraduate study skills and basic career exploration course for ethnic minority students on a predominantly White college campus

## PUBLICATIONS

Morgan Consoli, M. L., & Gonzales, R. R. (2017). Strength in the face of adversity: Resilience among Mexican Nationals and Mexican Immigrants to the United States. *Interamerican Journal of Psychology*, 51(1), 88-106. <https://journal.sipsych.org/index.php/IJP/article/view/323>

Vera, E., Phillips, J. C., Speight, S. L., Brounk, T. M., Weathersby, D., Gonzales, R. R., Kordesh, K. (2016). University and College Counseling Centers' Commitment to Social Justice. *Journal for Social Action in Counseling and Psychology*, 8(1), 34-52. [http://www.psych.org/jsacp/Vera-v8n1\\_34-52.pdf](http://www.psych.org/jsacp/Vera-v8n1_34-52.pdf)

Morgan Consoli, M., Consoli, A., Leon Orozco, G., Gonzales, R., & Vera, E. (2012). Barriers Experienced by Mexican Immigrants: Implications for Educational Achievement and Mental Health. *Association of Mexican American Educators Journal*, 6(2), 37-47.

Peters, H., Krumm, A., Paez, K., Gonzales, R., Zygowicz, S., Gunter, K., & Haggins, K. (2011). Multicultural environments of academic versus internship programs: Lessons to be learned. *Journal of Multicultural Counseling and Development*, 39, 114-124.

Morgan, M., Vera, E., Gonzales, R., Conner, W., Vacek, K., Dick Coyle, L. (2011). Subjective well-being in urban adolescents: Interpersonal, individual, and community influences. *Youth & Society*, 43(2), 609-634.

Vera, E., Thakral, C., Gonzales, R., Morgan, M., Conner, W., Caskey, E., Bauer, A., Mattera, L., Clark, S., Bena, K., & Dick, L. (2008). Subjective well-being in urban adolescents of color. *Cultural Diversity and Ethnic Minority Psychology*, 14(3), 224-233.

Vera, E. M., Caldwell, J., Clarke, M., Gonzales, R., Morgan, M., & West, M. (2007). The Choices Program: Multisystemic interventions for enhancing the personal and academic effectiveness of urban adolescents of color. *Counseling Psychologist*, 35(6), 779-796.

Gonzales, R. R., & Vera, E. M. (2006). Ethnic Minority Youth. In Y. Jackson (Ed). *Encyclopedia of Multicultural Psychology*. Sage Publications.

Vera, E. M., Daly, B., Gonzales, R., Morgan, M. & Thakral, C. (2006). Prevention, Advocacy, Outreach: Social Justice Work with Latino Youth. In L. Gerstein, Fouad, N. & Toporek, R. (Eds). *Handbook for Social Justice in Counseling Psychology* (pp. 86-99). Thousand Oaks, CA: Sage Publications.

## PROFESSIONAL PRESENTATION

Consoli Morgan, M., & Gonzales, R. R. (May 20, 2017). *Resilience in Mexican Nationals and Immigrants*. Paper presented at the International Congress of Qualitative Inquiry, Champaign, Illinois.

Gonzales, R. R., & Kaplan, S. (March, 2011). *The Art of the Sell: Selling Group Therapy to Clients*. Workshop presented at the American Group Psychotherapy Association Conference, New York, New York.

Gonzales, R. R., Kaplan, S., & Mellinger, T. (February, 2010). *The Art of the Sell: Selling Group Therapy to Clients*. Workshop presented at the American Group Psychotherapy Association Conference, New York, New York.

Gonzales, R. R., Bena, K., Dick, L., Caceres, C., Conner, W., & Vera, E. (November, 2004). *Components of Subjective Well-being: The Influence of Positive and Negative Affect on Perceptions of the Self, Family, Peers and School Environment in a Primarily Latino, Urban Adolescent Population*. Poster presented at the National Latino/a Psychological Association Conference, Scottsdale, Arizona.

Morgan, M.L. & Gonzales, R. R. (November, 2004). *Strength in the Face of Adversity: Narratives of Cuban Resilience*. Paper presented at the National Latino/a Psychological Association Conference, Scottsdale, Arizona.

Vera, E.M., Gonzales, R. R., Morgan, M., Thakral, C., Conner, W., Caskey, E., & Bauer, A. (November, 2004). *Subjective Well-being in Urban Latino Adolescents*. Paper presented at the National Latino/a Psychological Association Conference, Scottsdale, Arizona.

Hines, M.H., Nelson, M.L., Vlok, A, & Gonzales, R. R. (August, 2004). *Preparing for Comps: A State of Mind, Body and Soul*. Symposium presented at the American Psychological Association Convention, Honolulu, Hawaii.

Carter, F.J., Savage, A., Carpenter, D., Vlok, A., & Gonzales, R. R. (August, 2004). *So Many Choices: Finding the Right Doctoral Program*. Pre-convention workshop at the American Psychological Association Convention, Honolulu, Hawaii.

Vera, E.M., Gonzales, R. R., Morgan, M., Thakral, C., Bryant, F., Caskey, E., Edens, L., Conner, W., Bauer, A., & Clark, S. (August, 2004). *Subjective well-being in urban adolescents*. Poster presented at the American Psychological Association Convention, Honolulu, Hawaii.

Morgan, M. L. & Gonzales, R. R. (February, 2004). *Impressions of Resilience in Cuba*. Paper presented at the Calling to Social Justice Conference, Chicago, Illinois.

Carter, F.J., Savage, A., Carpenter, D., Vlok, A., & Gonzales, R. R. (August, 2003). *So Many Choices: Finding the Right Doctoral Program*. Pre-convention workshop at the American Psychological Association Convention, Toronto, Ontario, Canada.

Matsumoto, A.I., Acosta, J., & Gonzales, R. R. (March 1997). *In Their Own Words: The Experiences of Multiracial/Multiethnic People*. Presented at the joint conference of the American College Personnel Association and the National Association of Student Personnel Administrators, Chicago, Illinois.

## PROFESSIONAL AFFILIATIONS

Association of Chicagoland Externship and Practicum Training	2011-present
▪ President	2012
▪ Web Site Administrator	2014-present
▪ Conference Logistics Chair	2015-present
American Psychological Association, Student Affiliate	2002-present
▪ APA Division 17 (Society of Counseling Psychology)	
▪ APA Division 45 (Society for the Psychological Study of Ethnic Minority Issues)	
American Group Psychotherapy Association	2006- 2012

American Psychological Association of Graduate Students	2002-2006
▪ National Conference Planning Committee Chairperson	2005
▪ National Conference Planning Committee Member	2003-2004
▪ ACT Campus Representative	2003-2004
▪ 2002 Conference Ambassador	2002
National Latino/a Psychological Association	2003-2006
▪ Conference Program Review and Selection Committee	2004
American College Personnel Association	1995-2009
▪ Counseling and Psychological Services Commission	2002-2009
Association of Campus Activities Administrators	1998- 2001
▪ Secretary	1999- 2001
▪ Leadership Exchange, On-Site Chairperson	2001

## **AWARDS**

<b>Distinguished Alumni Award</b>	2017
▪ School of Education, Loyola University Chicago	
<b>Outstanding Service for Professional Training</b>	2017
▪ Association of Chicagoland Externship and Practicum Training	
<b>Evelyn Hooker award for service to the LGBT Community</b>	2014
▪ DePaul University, Office of LGBTQA Student Services	
<b>David Pilon Scholarship for Training in Professional Psychology</b>	2004
▪ American Psychological Association of Graduate Students	
<b>Student Conference Scholarship Recipient</b>	2004
▪ National Latino/a Psychological Association	